

## BLADDER SATISFACTION SURVEY

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Doctor \_\_\_\_\_

**Which symptoms best describe you?**

- |   |  |
|---|--|
| <input type="checkbox"/> Frequent Urination – Day, Night, or Both | <input type="checkbox"/> Leaking with Sneezing, Coughing, Exercising                                 |
| <input type="checkbox"/> Sudden or Strong Urge to urinate         | <input type="checkbox"/> Leaking with Urge or No Warning (Unable to make it to the bathroom in time) |
| <input type="checkbox"/> Unable to Empty the Bladder              | <input type="checkbox"/> Bladder or Pelvic Pain  |

**How long have you had these symptoms?** \_\_\_\_\_

**Have you tried medications to help your symptoms?**       Yes       No

**If yes, check the medications you have tried:**

- |  |                                      |                                   |                                      |
|--|--------------------------------------|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> Detrol LA     | <input type="checkbox"/> Ditropan XL | <input type="checkbox"/> Flomax   | <input type="checkbox"/> Cardura     |
| <input type="checkbox"/> Oxytrol Patch | <input type="checkbox"/> Enablex     | <input type="checkbox"/> Vesicare | <input type="checkbox"/> DDAVP       |
| <input type="checkbox"/> Sanctura      | <input type="checkbox"/> Elavil      | <input type="checkbox"/> Elmiron  | <input type="checkbox"/> Other _____ |

**Did these medications help your symptoms? Circle #**

0	1	2	3	4	5	6	7	8	9	10	
<b>No Relief</b>								<b>Completely Cured</b>			

**If you've stopped taking your meds explain why:**

- Did not Help     Side Effects     Too Expensive

**Describe Side Effects** \_\_\_\_\_

**Behavior Modifications Tried** \_\_\_\_\_

(i.e., caffeine intake, lifestyle changes, bladder training, pelvic floor muscle training)

**What is your level of frustration with your bladder symptoms? Circle #**

0	1	2	3	4	5	6	7	8	9	10
<b>Not Frustrated</b>							<b>Very Frustrated</b>			

**Do you currently have any problems with bowel function?:**

- Fecal Incontinence     Constipation     Other

**I am interested in learning more about treatment alternatives to medications:**

- Yes       No

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In an effort to provide the best experience during your office visit today and help us keep current on your health, please take a few minutes to complete the following questions. Thank you!

Name \_\_\_\_\_ Date \_\_\_\_\_

### CONTRACEPTION

1. What is your current form of birth control? \_\_\_\_\_
2. How long have you been using your current form of birth control? *(please check one)*  
 Two years or less     3 to 5 years     6 to 10 years     Over 10 years
3. When are you planning to have another child? *(please check one)*  
 Within the next year                       Within the next 5 years  
 Within the next 10 years                       I am done having children

### MENSTRUAL PERIODS

1. How long does your average monthly period last? \_\_\_\_\_ days
2. Do you ever feel as though your periods impact the quality of your life?     Yes     No
3. Do you ever experience irregular or inconsistent bleeding patterns?     Yes     No

### URINARY HEALTH

1. Do you ever leak urine when you cough, laugh or sneeze?     Yes     No
2. Do you ever feel as though you have to urinate urgently?     Yes     No
3. Do you feel like you have to urinate too frequently?     Yes     No
4. Do you ever experience painful urination?     Yes     No

Are there any concerns/issues that you would like to discuss today? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_